



# Women Through Life:

From Adolescence to Menopause

2 April 2026

THURSDAY

## Opening Ceremony and Plenary Lecture

18:00 – 19:00

Participant Registration

19:00 – 19:30

### Opening Ceremony

- Welcome Address by the Organizers and Remarks by representatives of the Ministry of Health, Faculty of Medicine and Medical Chamber

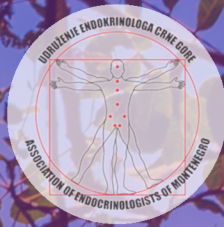
19:30 – 20:15

Women's Health in the 21st Century: Why Are We Still Lagging Behind in Prevention?  
– Regional Speaker

20:15 –

Welcome Cocktail





**3 April 2026**

**FRIDAY**

## **SESSION I / Adolescence and the Reproductive Period (Hormonal Aspects)**

*Moderators: Prof. Mirjana Doknić, MD, PhD,  
Dr Željka Stevović*

**09:05 – 09:20**

„Precocious Puberty” – Dr Jelena Jovović, Endocrinologist, Children’s Hospital, Clinical Center of Montenegro

**09:20 – 09:35**

„Central Hypopituitarism and Fertility” Prof. Mirjana Doknić, MD, PhD, Endocrinologist, Faculty of Medicine, University of Belgrade

**09:35 – 09:50**

„PCOS in Adolescent Girls” Dr Željka Stevović, Gynecologist, Subspecialist in Reproductive Endocrinology, Primary Health Care Center Podgorica

**09:50 – 10:05**

„Obesity in Adolescent Girls and Its Impact on Reproductive Health” Assoc. Prof. Katarina Mitrović, MD, PhD, Pediatric Endocrinologist, Institute for Mother and Child “Dr Vukan Čupić”, Belgrade

**10:05 – 10:15**

Discussion

**10:15 – 10:30**

Coffee Break



## **SESSION II / Hormonal, Infectious and Psychological Challenges in Women's Health**

*Moderators: Prof. Sandra Pekić Đurđević, MD, PhD; Assoc. Prof. Milena Lopičić, MD, PhD*

**10:30 – 10:45**

“Prolactinomas Throughout a Woman's Life from Prepuberty to Postmenopause” Prof. Sandra Pekić Đurđević, MD, PhD, Endocrinologist, Faculty of Medicine, University of Belgrade

**10:45 – 11:00**

„HPV Infections and Prevention” Assoc. Prof. Milena Lopičić, MD, PhD, Microbiologist

**11:00 – 11:15**

„Support in Adolescence – Need or Luxury?” Ivana Mihović, Psychologist

**11:15 – 11:30**

„Sexuality and Reproduction” Prof. Danijela Tiosavljević, MD, PhD, Psychiatrist and Sexologist, Faculty of Medicine, University of Belgrade

**11:30 – 11:45**

„Menopause, Mental Health and Williams Syndrome – Science and Personal Experience“  
Prof. Aleksandra Perović, PhD,  
Psychologist and Pedagogue,  
UCL London

**11:45 – 12:45**

Sponsored Symposium I

**12:45–13:45**

Lunch

## **SESSION III / Other Endocrine Conditions**

*Moderators: Dr Suzana Ivanović;  
Assoc. Prof. Maja Baretić, MD, PhD*

**13:45 – 14:00**

„Gestational Diabetes – Clinical Algorithms“ Dr Suzana Ivanović,  
Endocrinologist, General Hospital  
Cetinje

**14:00 – 14:15**

Assoc. Prof. Violeta Mladenović,  
MD, PhD, Endocrinologist, Faculty  
of Medicine, University of  
Kragujevac

**14:15 – 14:30**

“Three Key Events in the Development  
of Obesity in Women – Puberty,  
Postpartum and Menopause,” Assoc.  
Prof. Maja Baretić, MD, PhD,  
Endocrinologist, Faculty of Medicine,  
University of Zagreb

## SESSION IV / Reproductive Health and Fertility

Moderators: *Prof. Richard Quinton, MD, PhD;*  
*Prof Snežana Vujošević, MD, PhD*

**14:30 – 14:45**

„Management of female hypogonadism: new guidance over the past 2 years” Prof. Richard Quinton, endokrinolog, Newcastle University

**14:45 – 15:00**

„Transient Episodes of Hypoestrogenism During the Reproductive Period” Assoc. Prof. Aleksandar Đogo, MD, PhD, Endocrinologist, Clinical Center of Montenegro

**15:00 – 15:15**

„Female Infertility in the Era of Obesity – The Secrets of an (Un)Breakable Link” Assoc. Prof. Sanja Medenica, MD, PhD, Faculty of Medicine, University of Montenegro

**15:15 – 15:30**

„The Role of GLP-1 in Hormonal Profile and Fertility in Women” Prof. Snežana Vujošević, MD, PhD, Faculty of Medicine, University of Montenegro

**15:30–15:45**

„Breast Cancer and Fertility”  
Dr Sanja Lekić, Oncologist

15:45 – 16:30

Sponsored Symposium II





**4 April 2026**

**SATURDAY**

## **SESSION V / Fertility and Endocrinology in Pregnancy**

*Moderators: Prof. Snežana Crnogorac, MD, PhD;  
Prof. Artur Bjelica, MD, PhD*

**09:00 – 09:15**

„Infertility Challenges – Fertility Preservation in Women with Malignant Diseases” Prof. Artur Bjelica, MD, PhD, Faculty of Medicine, University of Novi Sad

**09:15 – 09:30**

„Challenges of Pregnancy After the Age of 40” Dr Angela Ćorić, Gynecologist, Subspecialist in Reproductive Endocrinology, Clinical Center of Montenegro

**09:30 – 09:45**

„Endometriosis from the Perspective of an Endocrinologist” Assoc. Prof. Miomira Ivović, MD, PhD, Endocrinologist, Faculty of Medicine, University of Belgrade

**09:45 – 10:00**

“Fertility and the Role of the Endocrinologist,” Dr Goran Cvijović, Endocrinologist

**10:00 – 10:15**

„Pregnancy After Malignant Disease”  
Prof. Snežana Crnogorac, MD, PhD,  
Gynecologist, Faculty of Medicine,  
University of Montenegro

**10:15 – 10:30**

Discussion

**10:30 – 11:00**

Coffee Break



## **SESSION VI / Cardiometabolic and Nephrological Aspects of Women's Health**

*Moderators: Prof Aneta Bošković, MD, PhD; Dr Enisa Žarić*

**11:00 – 11:15**

„Cardiovascular Diseases in Women – Traditional and Sex-Specific Risk Factors” Prof. Aneta Bošković, MD, PhD, Faculty of Medicine, University of Montenegro

**11:15 – 11:30**

„Atrial Fibrillation in Women” Dr Milan Popivoda, Cardiologist, Clinical Center of Montenegro

**11:30 – 11:45**

„Chronic Kidney Disease and Fertility Planning” Assoc. Prof. Vladimir Prelević, MD, PhD, Nephrology Clinic, Faculty of Medicine, University of Montenegro

**11:45 – 12:00**

„Urinary Tract Infections in Women – The Most Common Reason for Medical Consultation Across All Ages” Dr Danilo Radunović, Nephrologist, Clinical Center of Montenegro

**12:00 – 12:15**

„The Role of the Hematologist in a Woman’s Life” Dr Enisa Žarić, Hematologist, Clinical Center of Montenegro

**12:15 – 13:15**

Sponsored Symposium III

**13:15 – 14:15**

Lunch

## **SESSION VII / Dynamics of the Female Immune Response: From Protective to Proinflammatory Phenotype**

*Moderators: Assoc. Prof. Sreten Kavarić, MD, PhD;  
Dr Sanja Borozan*

**14:15 – 14:30**

“Vitamin D as an Immunomodulator” Assoc. Prof. Sreten Kavarić, MD, PhD, Endocrinologist, Faculty of Medicine, University of Montenegro, Clinical Center of Montenegro

**14:30 – 14:45**

„Systemic Connective Tissue Diseases in Women“ Dr Ana Bulatović, Rheumatologist

**14:45 – 15:00**

„Clinical Significance of Anti-Müllerian Hormone Beyond Ovarian Reserve Assessment“ Dr Jelena Boljević, Specialist in Medical Biochemistry

**15:00 – 15:15**

„Hormonal Rollercoaster and Immune System Reprogramming During Puberty, Pregnancy and Menopause“ Dr Sanja Borožan, Endocrinologist

**15:15 – 15:30**

Discussion

**15:30 – 15:45**

Coffee Break



## SESSION VIII / Menopause, Hormone Therapy and Oncological Risks

Moderators: *Dr Valentina Kalinić;*  
*Prof. Dragana Stojanović-Bogdanović, MD, PhD*

**15:45 – 16:00**

„Team-Based Approach to Menopause Care and Communication – The Untold Aspects” Dr Valentina Kalinić, Endocrinologist

**16:00 – 16:15**

„Contraception in Contemporary Clinical Practice” Prof. Ana Jovanović Mitrović, MD, PhD, Gynecologist, Faculty of Medicine, University of Belgrade

**16:15 – 16:30**

„Hormone Replacement Therapy in Menopause Between Quality of Life and Breast Cancer Risk” Prof. Dragana Stojanović-Bogdanović, MD, PhD, Radiologist-Oncologist, Faculty of Medicine, University of Novi Sad

**16:30 – 16:45**

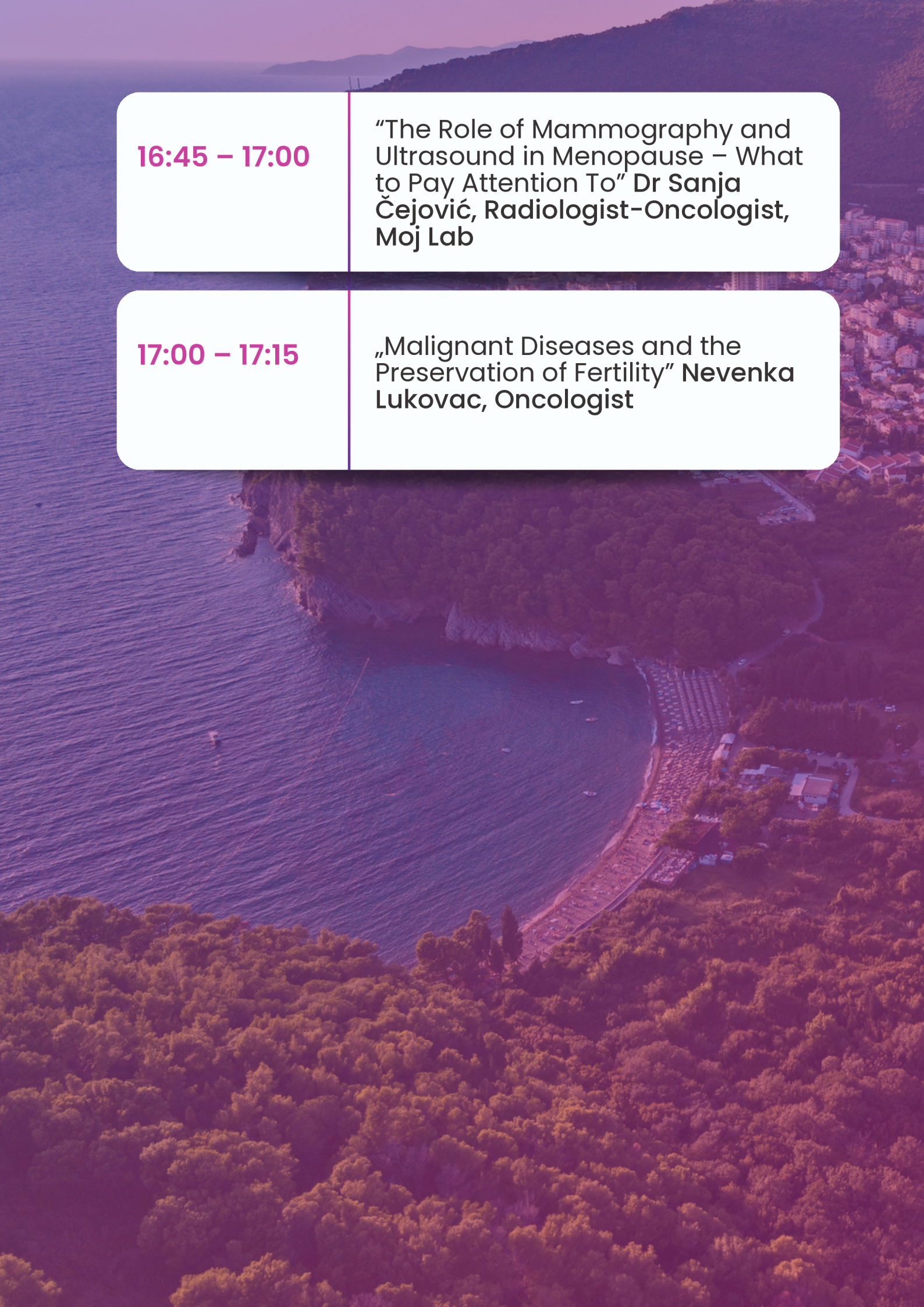
„Personalized Axillary Surgery in Breast Cancer: Tumor Biology, Systemic Therapy and Age as Decision Guides” Assoc. Prof. Aleksandar Čelebić, MD, PhD, Oncologist, Faculty of Medicine, University of Montenegro

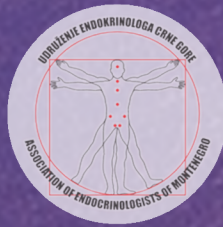
**16:45 – 17:00**

“The Role of Mammography and Ultrasound in Menopause – What to Pay Attention To” Dr Sanja Čejović, Radiologist-Oncologist, Moj Lab

**17:00 – 17:15**

„Malignant Diseases and the Preservation of Fertility” Nevenka Lukovac, Oncologist





**5 April 2026**

**SUNDAY**

## **SESSION IX / Menopause: Hormonal, Metabolic and Systemic Aspects**

*Moderators: Prof. Marina Đurović, MD, PhD; Dr Olivera Bošković*

**08:00 – 08:05**

Dr Valentina Kalinić,  
Endocrinologist

**08:05 – 08:20**

„Therapy in Menopause“ Dr  
Marija Đurović, Gynecologist,  
Subspecialist in Reproductive  
Endocrinology, Clinical Center of  
Montenegro

**08:20 – 08:35**

„New Guidelines in the Treatment of  
Perimenopause and Menopause –  
A Holistic Approach to Women’s  
Care“ Dr Antoan Stefan Sojat,  
Endocrinologist, Clinical Center of  
Serbia

**08:35 – 08:50**

„Osteoporosis and Menopause“  
Prof. Marina Đurović, MD, PhD,  
Endocrinologist, Faculty of  
Medicine, University of Belgrade

**08:50 – 09:05**

„Gastrointestinal Microbiota in Menopause” Dr Olivera Bošković, Endocrinologist

**09:05 – 09:20**

„Hyperparathyroidism in Menopause” Prof. Dragana Miljić, MD, PhD, Endocrinologist, Faculty of Medicine, University of Belgrade

**09:20 – 09:35**

„Lipids Throughout a Woman’s Life” Dr Rada Sparavalo, Endocrinologist

**09:35 – 09:50**

Coffee Break



## **SESSION X / Metabolic and Cardiovascular Challenges in Women’s Health**

*Moderators: Prof Mirjana Šumarac, MD, PhD;  
Dr Enisa Kujundžić*

**09:50 – 10:05**

“Perimenopause as a Metabolic Turning Point: The Role of GLP-1 Receptor Agonists” Prof. Mirjana Šumarac, MD, PhD, Endocrinologist, Faculty of Medicine, University of Belgrade

**10:05 – 10:20**

„Overweight and Prediabetes in Perimenopause – What Should Be Done?” Prof. Teodora Beljić, MD, PhD, Endocrinologist, Faculty of Medicine, University of Belgrade

**10:20 – 10:35**

„The Influence of Nutrition on Women’s Well-Being” Dr Enisa Kujundžić, Specialist in Hygiene, Institute of Public Health of Montenegro

**10:35 – 10:50**

„Type 2 Diabetes in Women” Prof. Milena Mitrović, MD, PhD, Faculty of Medicine, University of Novi Sad

**10:50 – 11:05**

„When the Heart Feels Tight and Palpitates – and It Is Not Hormones” Dr Milovan Kalezić, Interventional Cardiologist, Clinical Center of Montenegro

**11:05 – 11:20**

Sponsored Symposium IV

# SESSION XI / Support in Accepting and Promoting Women's Health

*Moderators: Dr Predrag Pavlović; Tatjana Koćalo*

**11:20 – 11:35**

Prof. Bernice Knight, Consultant Psychiatrist, North London NHS Foundation Trust

**11:35 – 11:50**

„Healthy Aging“ Dr Predrag Pavlović, Family Practice Physician, Colorado Springs, USA

**11:50 – 12:05**

„The Female Body as a Source of Wisdom“ Tatjana Koćalo, Psychologist, Clinical Center of Montenegro

**12:05 – 12:20**

To be confirmed (TBC)

**12:20 – 12:35**

Closing Remarks and Certificate Award Ceremony